

EMPLOYEE INITIAL/ANNUAL RESPIRATORY PROTECTION TRAINING

EMPLOYEE RESPONSIBILITIES:

- 1) You are ultimately responsible for the proper use, maintenance, and storage of your own respirator. You will not perform any respirator repairs or parts replacement, other than filter/cartridge changes: the designated Installation Respirator Specialist will perform all necessary repairs.
- 2) Review and be familiar with the contents and requirements of the Worksite-Specific Respiratory Protection SOP, with particular attention to “Employee Responsibilities”, Appendix A – Maintenance and Care of Respirators, and the Respiratory Protection Inventory.
- 3) Only use the prescribed respirator and cartridge/filter configuration for which you were fit-tested, as noted in the Site-Specific Respiratory Protection Inventory. Assigned respirator will only be worn for specified tasks, and then only if prescribed control measures and/or work practices are being utilized.
- 4) Understand the capabilities and limitations of your respirator and designated cartridge/filter configuration. Air-purifying respirators do not provide appropriate protection in oxygen-deficient or Immediately Dangerous to Life and Health (IDLH) atmospheres.
- 5) Inspect respirator for defects prior to each use.
- 6) Perform positive and negative pressure fit checks to ensure satisfactory fitting and valve function each time respirator is donned.
- 7) Notify your immediate supervisor when your respirator is found to be defective or if you are unable to achieve an adequate fit.
- 8) Clean your respirator after each use and store properly between uses (clean, dry location).
- 9) Undergo prescribed medical surveillance, respirator fit testing, and respiratory protection training as required.
- 10) Report to supervisor any changes that could affect the respirator fit, such as new dentures, facial scarring, cosmetic surgery, or significant weight change.
- 11) Be clean-shaven in all respirator face pieces that are seal-to-face when wearing respiratory protection.

The following has been reviewed and/or explained by Industrial Hygiene during the visit, or time was available to ask specific questions regarding:

- a. If requested, provide a copy of 29 CFR1910.134 / Appendix D, “Information for Employees Using Respirators Not Required Under Standard.” (“Voluntary” Respirator Users)
- b. Respirator Donning/Doffing
- c. Respirator Inspection Procedure
- d. Respirator Cleaning Procedure
- e. Respirator Storage Procedure
- f. Respirator Positive and Negative Fit Check Protocol
- g. Respirator Capabilities and Limitations
- h. Site-Specific Respiratory Protection SOP

Per OSHA 1910.134 Respirator Protection Standard:

The Industrial Hygiene employee shall ensure that each respirator fit test client can demonstrate knowledge of the following:

1) Wearing a respirator may be necessary at your job to protect you from what hazards?

(i.e., contagious diseases, chemical gases, smoke inhalation, heavy metals/hexavalent chromium, etc. – do YOU know what the hazards of your job are? OSHA's Employees' Right-to-Know)

2) What could happen if the respirator does not have a proper fit or if it is defective?

3) What should you do if you are in the middle of a task and the respirator malfunctions and/or breaks?

4) Before donning your respirator, what should you look for to ensure you are properly protected?

5) How should you store your respirator?

6) What are some health symptoms that indicate that you should immediately remove/stop wearing your respirator?

I fully understand my personal responsibilities as a user of respiratory protection; all of my questions, if any, regarding these responsibilities have been answered to my satisfaction.

Print Name _____ CAC ID# _____

Sign Name _____ Date _____