

Guthrie Ambulatory Health Care Facility Pharmacy – Self-Care Program

	Indication	Brand Name	Active Ingredient	#	Strength	Pkg Size	Min Age
Fever/pai	Fever, Aches/Pain	Tylenol	Acetaminophen	1	325mg Caplet	50 tabs	12 yr
				2	160mg/5ml Sus	4 oz	2 yr
	Fever, Aches/ Pain, Inflammation	Motrin	Ibuprofen	4	200mg Tab	50 tabs	12 yr
				5	100mg/5ml Sus	4 oz	2 yr
Aller	Allergy Symptoms	Benadryl	Diphenhydramine	7	25mg Cap	24 caps	6 yr
		Claritin	Loratadine	8	12.5mg/5ml Sol	4 oz	6 yr
				9	10 mg Tab	30 tab	6 yr
Cough &	Cough	Robitussin DM	Guaifenesin/ Dextromethorphan	10	100mg/10mg/5ml Sol	4 oz	12 yr
	Expectorant	Mucinex	Guaifenesin	11	600mg Tab	20 tabs	12 yr
				12	200mg/10mL Liqd	118mL	12 yr
	Sore throat/Cough	Chloraseptic Lozenge	Benzocaine/Menthol	12	6mg/10mg Loz	18 ct	5 yr
		Chloraseptic	Phenol	13	1.4% Sol	6 oz	6 yr
GI	Diarrhea	Imodium	Loperamide	14	2mg Cap	12 caps	12 yr
	N/V/D/Heartburn	Pepto-Bismol	Bismuthsubsalicylate	15	262mg Sus	8 oz	12 yr
	Heartburn	Calcium Antacid	Calcium Carbonate	16	500mg	150 tabs	12 yr
	Heartburn/gas/ indigestion	Mylanta II	Aluminum/magnesium/ simethicone	17	400mg/400mg/ 40mg Sus	12 oz	12 yr
Topical/M	Dry/Congestion	Saline Nasal Spray	Sodium Chloride	18	0.65% Sus	1.5 oz	N/A
	Itch/Inflammation	Calamine Lotion	Calamine / Zinc	19	8% / 8% Lotion	6 oz	N/A
	Itch / Rash	Hydrocortisone Crm	Hydrocortisone	20	1% Cr	½ oz	2 yr
	Antibiotic	Bacitracin Ointment	Bacitracin Zinc	23	500 units Ung	½ oz	N/A
	Dry Skin	Hydrocerin	Mineral oil/petrolatum	24	Cream	4 oz	N/A
OB/GY	Prenatal Vitamin	Prenatal Vitamin	Vitamins / Minerals	25	Listed / Tab	100 tabs	CBA
	Yeast Infection	Monistat Vaginal	Miconazole nitrate	26	2% Cr	1 tube	12 yr
	Emergency Contraception	PlanB/Next Choice (One-step)	Levonorgestrel	27	1.5mg Tab	1 tab	17 yr

*** Limited to **3 ITEMS** (must be different items) per **Person** per **Month** ***